SPAIN

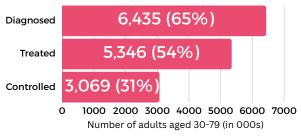
Diabetes and hypertension country profile

Prevalence

According to the World Health Organization Global report on hypertension: The race against a silent killer, the prevalence of hypertension (HTN) among adults aged 30-79 is 27%, 6 points lower than the global prevalence. The prevalence among males is higher than among females, at 34% and 21% respectively. Some 47% of cardiovascular disease deaths are attributable to HTN.

Diabetes prevalence among adults aged 20-79 is 14.7%, 5.5 points greater than the European regional prevalence, the second highest in the region. Some 81,717 diabetes-related deaths occurred in the year 2021.

Of the 9.9 million adults living with HTN:

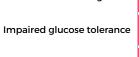


Source: Global report on hypertension: the race against a silent killer. Geneva: World Health Organization; 2023. Licence: CC BY-NC-SA 3.0 IGO.

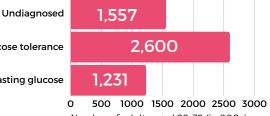
1.55 million people live with undiagnosed diabetes while nearly 4 million live with pre-diabetes

adults living

with diabetes



Impaired fasting glucose

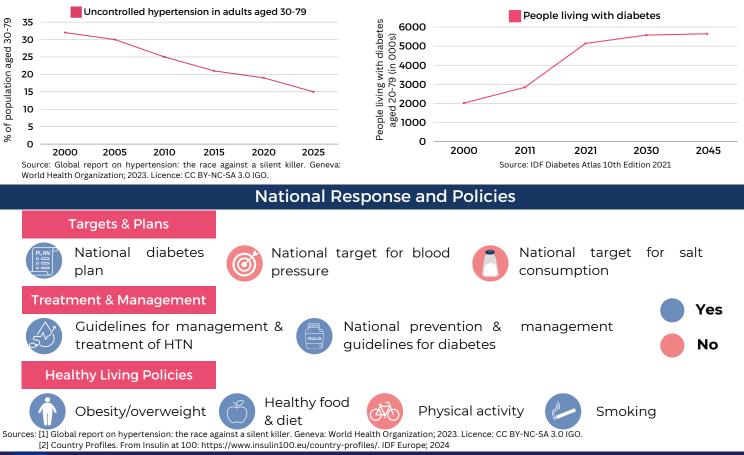


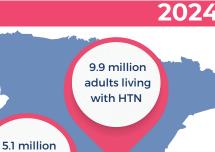
Number of adults aged 20-79 (in 000s)

Source: IDF Diabetes Atlas 10th Edition 2021

Trends

In contrast to diabetes, which has seen a significant increase in the number of people living with the condition since 2000, the proportion of people living with uncontrolled hypertension has significantly fallen.





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