

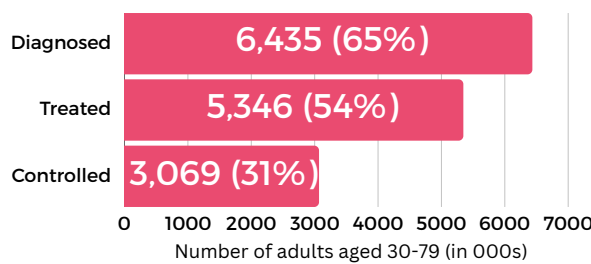


Prevalence

According to the World Health Organization *Global report on hypertension: The race against a silent killer*, the prevalence of **hypertension (HTN)** among adults aged 30-79 is **27%**, 6 points lower than the global prevalence. The **prevalence among males is higher than among females**, at **34%** and **21%** respectively. Some **47%** of cardiovascular disease **deaths** are **attributable to HTN**.

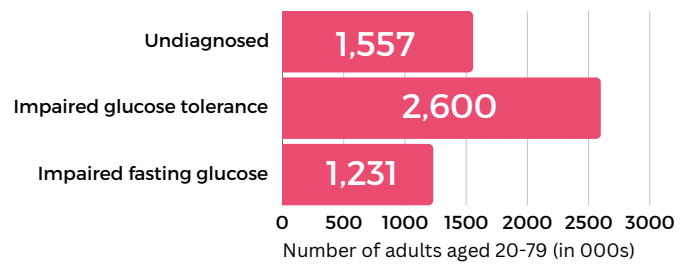
Diabetes prevalence among adults aged 20-79 is **14.7%**, 5.5 points greater than the European regional prevalence, the second highest in the region. Some **81,717 diabetes-related deaths** occurred in the year 2021.

Of the 9.9 million adults living with HTN:

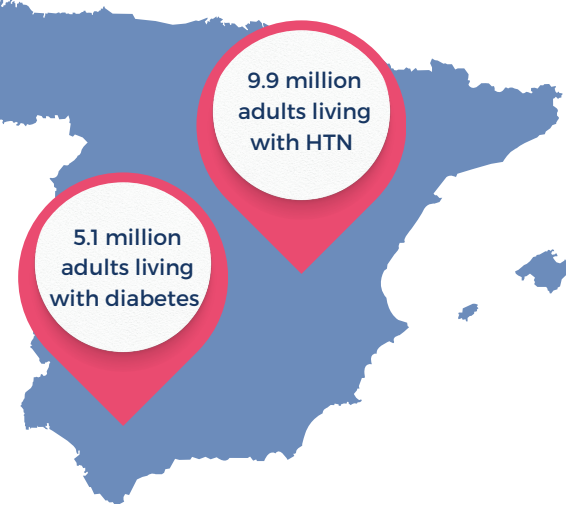


Source: Global report on hypertension: the race against a silent killer. Geneva: World Health Organization; 2023. Licence: CC BY-NC-SA 3.0 IGO.

1.55 million people live with undiagnosed diabetes while nearly 4 million live with pre-diabetes

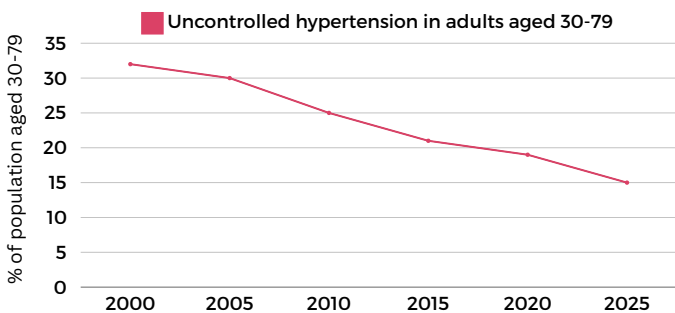


Source: IDF Diabetes Atlas 10th Edition 2021

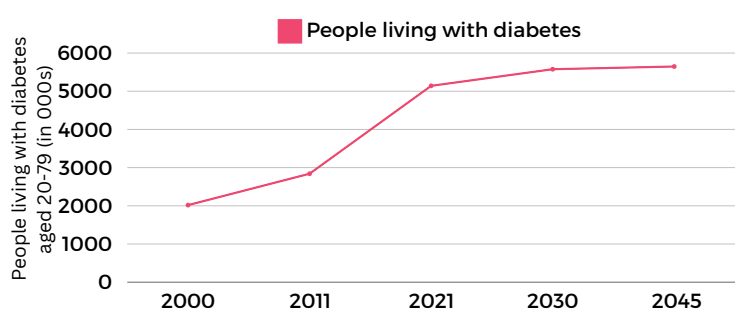


Trends

In contrast to **diabetes**, which has seen a **significant increase in the number of people living with the condition** since 2000, the proportion of people living with **uncontrolled hypertension has significantly fallen**.



Source: Global report on hypertension: the race against a silent killer. Geneva: World Health Organization; 2023. Licence: CC BY-NC-SA 3.0 IGO.



Source: IDF Diabetes Atlas 10th Edition 2021

National Response and Policies

Targets & Plans

- National diabetes plan
- National target for blood pressure
- National target for salt consumption

Treatment & Management

- Guidelines for management & treatment of HTN
- National prevention & management guidelines for diabetes

Healthy Living Policies

- Obesity/overweight
- Healthy food & diet
- Physical activity
- Smoking

Yes
 No

Sources: [1] Global report on hypertension: the race against a silent killer. Geneva: World Health Organization; 2023. Licence: CC BY-NC-SA 3.0 IGO. [2] Country Profiles. From Insulin at 100: <https://www.insulin100.eu/country-profiles/>. IDF Europe; 2024