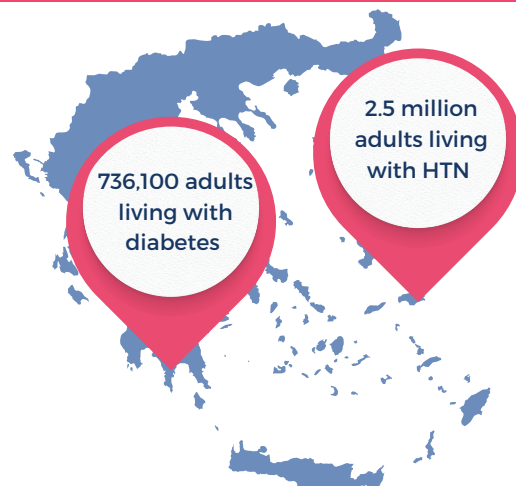




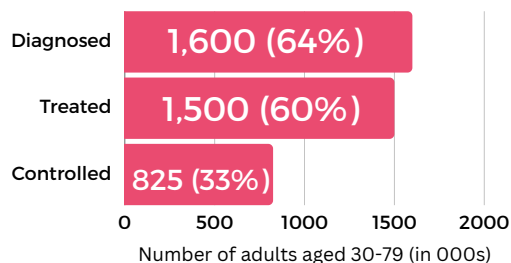
Prevalence

According to the World Health Organization *Global report on hypertension: The race against a silent killer*, the prevalence of **hypertension (HTN)** among adults aged 30-79 is **31%**, 2 points lower than the global prevalence. The **prevalence among males is higher than among females**, at **37%** and **26%** respectively. Some **47%** of cardiovascular disease **deaths** are **attributable to HTN**.

Diabetes prevalence among adults aged 20-79 is **9.6%**, 0.4 points higher than the European regional prevalence. Some **22,350 diabetes-related deaths** occurred in the year 2021.

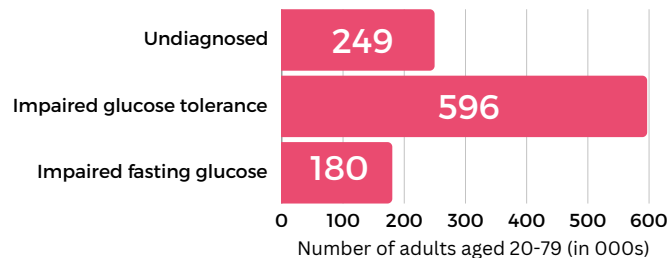


Of the 2.5 million adults living with HTN:



Source: Global report on hypertension: the race against a silent killer. Geneva: World Health Organization; 2023. Licence: CC BY-NC-SA 3.0 IGO.

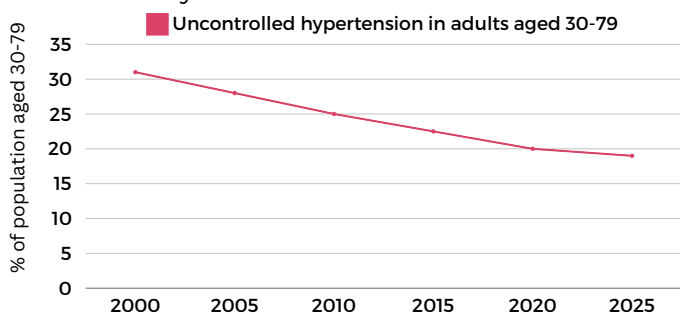
Nearly 250,000 people live with undiagnosed diabetes while nearly 750,000 live with pre-diabetes



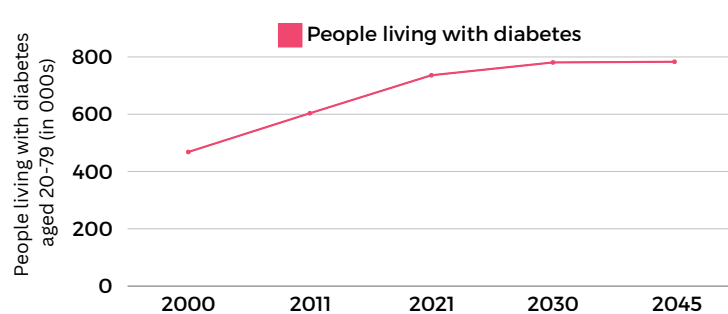
Source: IDF Diabetes Atlas 10th Edition 2021

Trends

In contrast to **diabetes**, which has **seen a significant increase** in the number of people living with the condition, the proportion of **people living with uncontrolled HTN has fallen** steadily since the beginning of the century.



Source: Global report on hypertension: the race against a silent killer. Geneva: World Health Organization; 2023. Licence: CC BY-NC-SA 3.0 IGO.



Source: IDF Diabetes Atlas 10th Edition 2021

National Response and Policies

Targets & Plans

- National diabetes plan National target for blood pressure National target for salt consumption

Treatment & Management

- Guidelines for management & treatment of HTN National prevention & management guidelines for diabetes **Yes**
- No**

Healthy Living Policies

- Obesity/overweight Healthy food & diet Physical activity Smoking

Sources: [1] Global report on hypertension: the race against a silent killer. Geneva: World Health Organization; 2023. Licence: CC BY-NC-SA 3.0 IGO. [2] Country Profiles. From Insulin at 100: <https://www.insulin100.eu/country-profiles/>. IDF Europe; 2024