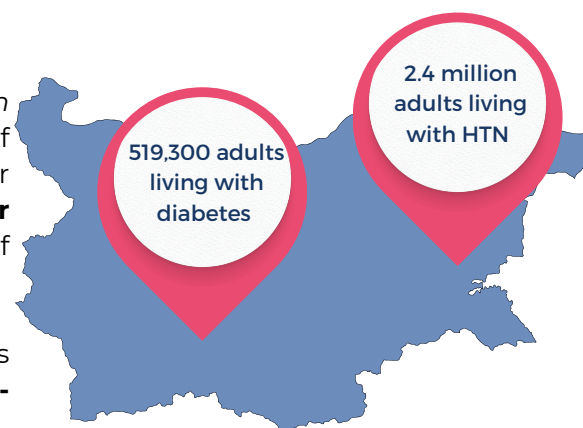


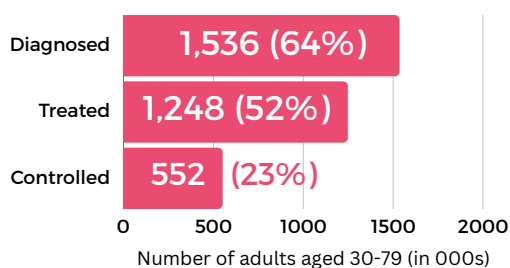
Prevalence

According to the World Health Organization *Global report on hypertension: The race against a silent killer*, the prevalence of **hypertension (HTN)** among adults aged 30-79 is **45%**, 12 points higher than the global prevalence. The **prevalence among males is higher than among females**, at **49%** and **41%** respectively. Some **58%** of cardiovascular disease **deaths** are **attributable to HTN**.

Diabetes prevalence among adults aged 20-79 is **9.9%**, 0.7 points higher than the European regional prevalence. Some **10,520 diabetes-related deaths** occurred in the year 2021.

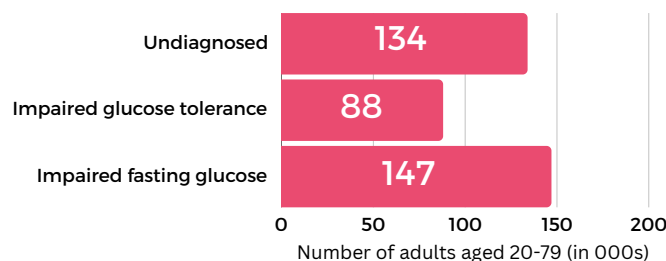


Of the 2.4 million adults living with HTN:



Source: Global report on hypertension: the race against a silent killer. Geneva: World Health Organization; 2023. Licence: CC BY-NC-SA 3.0 IGO.

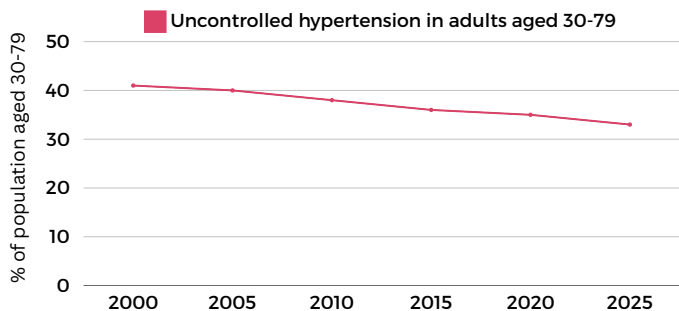
Nearly 135,000 people live with undiagnosed diabetes while nearly 235,000 live with pre-diabetes



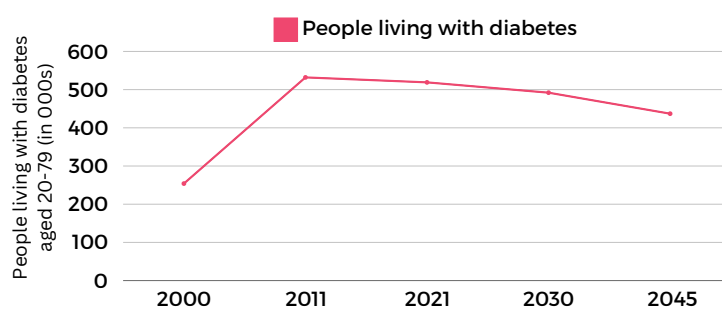
Source: IDF Diabetes Atlas 10th Edition 2021

Trends

The number of people living with **uncontrolled HTN** has **decreased slightly** over the past 25 years. After a peak in 2011, **the number of people living with diabetes has also been on a downward trend**.



Source: Global report on hypertension: the race against a silent killer. Geneva: World Health Organization; 2023. Licence: CC BY-NC-SA 3.0 IGO.



Source: IDF Diabetes Atlas 10th Edition 2021

National Response and Policies

Targets & Plans

- National diabetes plan
- National target for blood pressure
- National target for salt consumption

Treatment & Management

- Guidelines for management & treatment of HTN
- National prevention & management guidelines for diabetes

Healthy Living Policies

- Obesity/overweight
- Healthy food & diet
- Physical activity
- Smoking

Sources: [1] Global report on hypertension: the race against a silent killer. Geneva: World Health Organization; 2023. Licence: CC BY-NC-SA 3.0 IGO.

[2] Country Profiles. From Insulin at 100: <https://www.insulin100.eu/country-profiles/>. IDF Europe; 2024