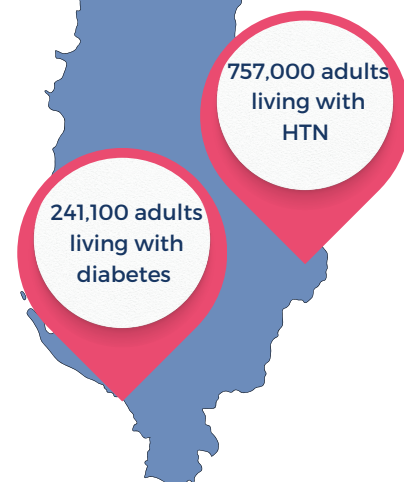


Diabetes and hypertension country profile

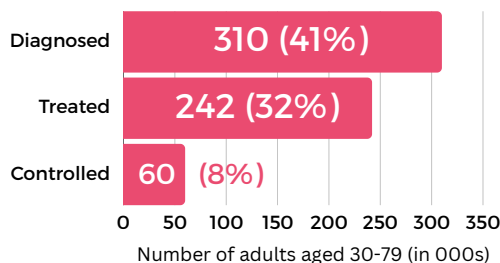
Prevalence

According to the World Health Organization *Global report on hypertension: The race against a silent killer*, the prevalence of **hypertension (HTN)** among adults aged 30-79 is **42%**, 9 points higher than the global prevalence. The **prevalence among males is higher than among females**, at **43%** and **41%** respectively. Some **57%** of cardiovascular disease **deaths** are **attributable to HTN**.

Diabetes prevalence among adults aged 20-79 is **11.5%**, 2.3 points higher than the European regional prevalence. Some **4,248 diabetes-related deaths** occurred in the year 2021.

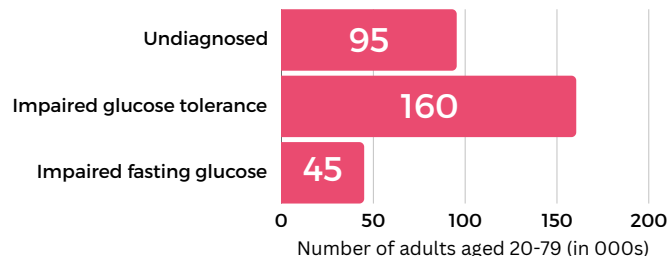


Of the 757,000 adults living with HTN:



Source: Global report on hypertension: the race against a silent killer. Geneva: World Health Organization; 2023. Licence: CC BY-NC-SA 3.0 IGO.

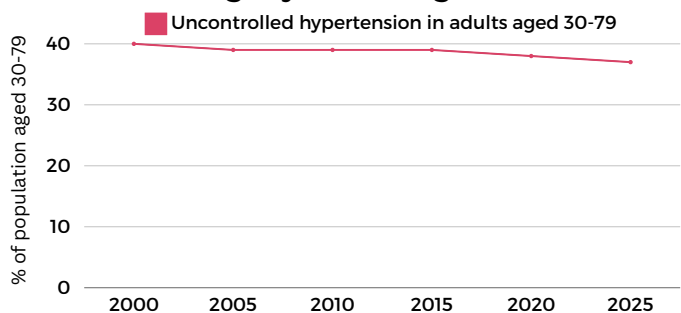
Just over 95,000 people live with undiagnosed diabetes while just over 205,000 live with pre-diabetes



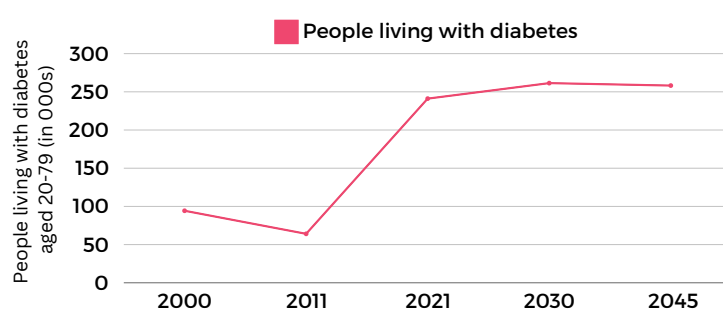
Source: IDF Diabetes Atlas 10th Edition 2021

Trends

The **number of people living with uncontrolled HTN has remained steady** however **decreased slightly in the past ten years**. The number of **people living with diabetes increased dramatically** between 2011 and 2021 **and is slightly increasing**.



Source: Global report on hypertension: the race against a silent killer. Geneva: World Health Organization; 2023. Licence: CC BY-NC-SA 3.0 IGO.



Source: IDF Diabetes Atlas 10th Edition 2021

National Response and Policies

Targets & Plans

- National diabetes plan
- National target for blood pressure
- National target for salt consumption

Treatment & Management

- Guidelines for management & treatment of HTN
 - National prevention & management guidelines for diabetes
- Yes
● No

Healthy Living Policies

- Obesity/overweight
- Healthy food & diet
- Physical activity
- Smoking

Sources: [1] Global report on hypertension: the race against a silent killer. Geneva: World Health Organization; 2023. Licence: CC BY-NC-SA 3.0 IGO.

[2] Country Profiles. From Insulin at 100: <https://www.insulin100.eu/country-profiles/>. IDF Europe; 2024